



WESLEY WOODS
FOUNDATION

SPRING 2024

THE CONNECTION

NEWS FROM WESLEY WOODS



MAKE
EVERY
MOTHER'S DAY!



Mother's Day is a wonderful time to celebrate and remember mothers and other special women – aunts, sisters, teachers, mentors, and friends—who have significantly impacted our lives. The words of Proverbs 31:29, "Many women do noble things, but you surpass them all," remind us of women who exemplify this well-known verse. While many of their accomplishments and sacrifices went unnoticed by the public eye, we will never forget the indelible imprint they made on our lives. Like the women who have shaped us with love and wisdom, those below are just a few who have done extraordinary things in challenging circumstances to support the lives of others.

Anna Jarvis, the founder of Mother's Day, saw the needs of women and children in her small coal mining town during the Civil War. This led her to start mothers' clubs. These clubs were an opportunity to talk with mothers about hydration for feverish babies, sanitation, and nutrition. Her work saved thousands of children.

Mary Kay Ash, a single mom, was repeatedly passed over for promotions in a home products company. She started her namesake company to support her family and has given thousands of women an opportunity to be their own CEO.

Nancy Edison's youngest son, the great inventor, Thomas Edison, was labeled "addled" by his teachers and struggled to learn. Rather than give up on his education, Edison's mom homeschooled her son. Edison credited his "mother's love" for his drive to succeed.

At Wesley Woods, 70% of our residents are women who have lived an average age of 82 years. Their stories may not be known, but they have sacrificed and cared for others. Many have outlived their resources or need higher, more expensive levels of care. Your gifts to Wesley Woods help meet these financial needs and provide chaplains and health-sustaining, vital wellness programs.

This Mother's Day, we invite you to **Make EVERY Mother's Day** as you honor and remember the special women in your life—and the women at Wesley Woods—by making a gift at wesleywoods.org/donate.

Gratefully,



Diane

Diane Vaughan
President
Foundation of Wesley Woods



Terry

Terry Barcroft
President and CEO
Wesley Woods Senior Living



Last year donor support provided:

1,710

Virtual Fitness Classes

3,023

In-Person Fitness Classes

8,808

Wellness Nurse Visits

1,187

Mental Health Visits

CONNECTION THROUGH WELL-BEING

As stated in the Wesley Woods mission, we strive to create communities of connection, *well-being* and promise. One way Wesley Woods delivers on well-being, is providing wellness classes. One resident couple has been attending balance and yoga classes for two years, with exercises modified to meet their needs. They have noticed significant improvement in their balance, coordination, cognition, and overall health. They also participate in the biannual wellness screenings to help them stay on track or inform them of exercises they can do to improve their health. They both feel the wellness classes have built their confidence and are incredibly grateful that programs such as these are available thanks to generous donors.

Make a gift to the wellness program to help more residents, by visiting wesleywoods.org/donate.

Last year donor support provided:

9,998

Resident Connections

1,036

Family Connections

1,548

Staff Support Connections

2,132

Studies and Services

CREATING CONNECTION THROUGH PARTNERSHIPS

Chaplain Susan Amick loves to connect with our church partners. While at Embry Hills United Methodist Church, Susan sat with the daughter of a former resident who introduced her to a church friend. The friend had never been to Wesley Woods Towers and was interested in learning more about the food pantry that helps residents when their resources run a bit short. Susan invited her to see the ministry for herself. Recently, she came to visit and brought much needed supplies. Our chaplains strengthen the connections between Wesley Woods and our church partners who generously volunteer their time and share their gifts.



Be a part of providing Pastoral Care to residents at Wesley Woods by making a gift at wesleywoods.org/donate.

**JOIN US ON SEPTEMBER 19TH
TO CELEBRATE OUR 2024 HONOREES
RENEE GLOVER AND SUSAN & GLENN WARREN**

**HEROES | 35
SAINTS & LEGENDS | YEARS**

Visit wesleywoods.org/heroes

HONORING A MOTHER'S CARE

Rev. Dr. Coy Hinton, a United Methodist pastor, had a front row seat to the good works of Wesley Woods from its early years. When the mother of his wife, Linda, needed a higher level of care, Wesley Woods was the first place that came to mind. Linda's mother lived at Wesley Woods Towers for six years, and they are grateful for the care she received. Linda and Coy believe deeply in the mission of Wesley Woods and give generously to support its vital mission by giving through their IRA as a qualified charitable distribution (QCD). This gives them the opportunity to show their appreciation to Wesley Woods while also lowering their taxable income and making tax-free gifts. Linda and Coy count it a privilege to support Wesley Woods, and Wesley Woods is incredibly grateful for their support.



WHY SUPPORT WESLEY WOODS WITH A DONATION FROM YOUR IRA?

SAVE ON TAXES—a gift from your IRA to a nonprofit will count as a qualified charitable distribution (QCD) and will be tax-free up to \$100,000. The transfer does not generate taxable income or a tax deduction, so donors benefit even if they don't itemize their deductions.

HELPS YOU MEET YOUR REQUIRED MINIMUM DISTRIBUTION (RMD)—for people who must take a RMD, an IRA gift will count toward your RMD without adding to your taxable income and in turn reducing your annual income level.

HELP WESLEY WOODS THRIVE—a gift from your IRA can make a significant impact on the mission of Wesley Woods. Also, no matter your age, you can designate Wesley Woods as the beneficiary of all or a percentage of your IRA and it will support our mission after your lifetime.

Always remember to work with your advisors on charitable gifts using planned giving vehicles such as an IRA or bequest. Please contact Maggie Medlock at 404-282-8674 or Maggie.medlock@wesleywoods.org with questions about supporting Wesley Woods.



WESLEY WOODS
FOUNDATION

1817 Clifton Road NE
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This Mother's Day, honor the special women in your life—past and present—with a gift to Wesley Woods. Nothing will delight a mother's heart more than knowing her son, daughter or grandchild has a giving heart.

Visit wesleywoods.org/donate to Make **EVERY** Mother's Day!